

RSE & PSHE Curriculum Academic Year 2024-25 (Cycle A)

Combining Life to the Full, My Happy Mind, Caritas in Action and PSHCE Association (aspects of PSHE curriculum not covered use Kapow)

Theme days that incorporate aspects of Fundamental British Values and SMSC are also identified below.

If there are theme days that have not been included that you would like adding to the calendar (relevant to PSHCE) please let me know. Thank you.

(This will also be saved and edited where necessary in the Curriculum Information Folder on G Drive)

Autumn Term

September:	Wellbeing quizzes baseline assessments wc 9.9.24	International Day of Democracy 15.9.24	Pupil Parliament 24.9.24
	EYFS Balance Bike Sessions 24.9.24 weekly for 3 weeks	27.9.24 McMillan Coffee Morning	
October:	Black History Month		
	4.10.24 Y1&Y2 Trip to Fireground Rochdale	10.10.24 World Mental Health Day	
	15.10.24 National Coding Week & AI Internet Legends Assembly	PSHCE R21: Wear Red Day - Show Racism the Red Card – 18.10.24	
November:	PSHE : Anti Bullying Week 11.11.24 – 15.11.24	PSHE : Remembrance Day 11.11.24	Children in Need 15.11.24
	Road Safety Week 18.11.24	UK Parliament Week 18.11.24	RED Wednesday 20.11.24

Early Years and Key Stage 1

	EYFS: Nursery & Reception	KS1 Year 1 & Year 2
Week 1	Caritas in Action Theme 1: Dignity of the Human Person Whole School Text: In Our Hands by Lucy Farfort	Caritas in Action Theme 1: Dignity of the Human Person Whole School Text: In Our Hands by Lucy Farfort
Week 2	My Happy Mind: Module 1 - Meet your Brain N/R Lesson 1 British Values: Democracy	My Happy Mind: Module 1 – Meet Your Brain Year 1/2 Lesson 1 British Values: Democracy
Week 3	My Happy Mind: Module 1 - Meet your Brain N / R Lesson 2	My Happy Mind: Module 1 - Meet your Brain Year 1/2 Lesson 2
Week 4	My Happy Mind: Module 1 - Meet your Brain N / R Lesson 3	My Happy Mind: Module 1 - Meet your Brain Year 1/2 Lesson 3
Week 5		My Happy Mind: Module 1 - Meet your Brain Year 1/2 Lesson 4
Week 6		My Happy Mind: Module 1 - Meet your Brain Year 1/2 Lesson 5
Week 7	Caritas in Action Theme 2: Family and Community	Caritas in Action Theme 2: Family and Community
Week 8	Black History Month Recorded Work	Black History Month Recorded Work
Half Term		

Week 9	British Values: Rule of Law	British Values: Rule of Law L1. about what rules are, why they are needed, and why different rules are needed for different situations
Week 10	LTTTF+ Story Sessions: Handmade with Love (5 x 15 minute sessions over 5 days)	LTTTF+ Story Sessions: KS1 Module 1 Unit 1 Let the Children Come (5 x 10 minute sessions)
Week 11		LTTTF+ KS1 Module 2 Unit 1 Session 1 God Loves You (40 minutes)
Week 12	My Happy Mind: Module 2 – Celebrate N / R Lesson 1	My Happy Mind: Module 2 – Celebrate Year 1 / 2 Lesson 1
Week 13	My Happy Mind: Module 2 – Celebrate N / R Lesson 2 Caritas in Action Theme 3: Solidarity and the Common Good	My Happy Mind: Module 2 – Celebrate Year 1 / 2 Lesson 2 Caritas in Action Theme 3: Solidarity and the Common Good
Week 14	My Happy Mind: Module 2 – Celebrate N / R Lesson 3	My Happy Mind: Module 2 – Celebrate Year 1 / 2 Lesson 3
Week 15		My Happy Mind: Module 2 – Celebrate Year 1 / 2 Lesson 4

Key Stage 2

	Year 3	Year 4	Year 5	Year 6
Week 1	Caritas in Action Theme 1: Dignity of the Human Person Whole School Text: In Our Hands by Lucy Farfort		Caritas in Action Theme 1: Dignity of the Human Person Whole School Text: In Our Hands by Lucy Farfort	
Week 2	My Happy Mind: Module 1 - Meet your Brain Year 3 / 4 Lesson 1 British Values: Democracy		My Happy Mind: Module 1 - Meet your Brain Y5 / 6 Lesson 1 British Values: Democracy	
Week 3	My Happy Mind: Module 1 - Meet your Brain Year 3 / 4 Lesson 2		My Happy Mind: Module 1 - Meet your Brain Y5 / 6 Lesson 2	
Week 4	My Happy Mind: Module 1 - Meet your Brain Year 3 / 4 Lesson 3		My Happy Mind: Module 1 - Meet your Brain Y5 / 6 Lesson 3	
Week 5	My Happy Mind: Module 1 - Meet your Brain Year 3 / 4 Lesson 4		My Happy Mind: Module 1 - Meet your Brain Y 5 Lesson 4	
Week 6	My Happy Mind: Module 1 - Meet your Brain Year 3/ 4 Lesson 5		My Happy Mind: Module 1 - Meet your Brain Y5 Lesson 5	
Week 7	National Coding Week and Show Racism the Red Card Caritas in Action Theme 2: Family and Community		National Coding Week and Show Racism the Red Card Caritas in Action Theme 2: Family and Community	
Week 8	Black History Month Recorded Work		Black History Month Recorded Work	

Half Term

Week 9	British Values: Rule of Law		British Values: Rule of Law	
	LTTF+ LKS2 Module 1 Unit 1 Story Sessions: Get Up! (5 x 15 minute sessions over 5 days)		LTTF+ UKS2 Module 1 Unit 1 Story Sessions: Calming the Storm (5 x 15 minute sessions over 5 days)	
Week 10	LTTF+ LKS2 Module 1 Unit 1 Session 2: The Sacraments (40 m)		UKS2 Module 2 Unit 1 Session 1 God is Calling You, (60 mins)	LTTF +UKS2 Module 1 Unit 2 Session 1: Gifts and Talents (60m)
Week 11	My Happy Mind: Module 2 – Celebrate Y 3/4 Lesson 1		My Happy Mind: Module 2 – Celebrate Y5 / 6 Lesson 1	
Week 12	My Happy Mind: Module 2 – Celebrate Y 3/4 Lesson 2		My Happy Mind: Module 2 – Celebrate Y5 / 6 Lesson 2	
Week 13	My Happy Mind: Module 2 – Celebrate Y 3/4 Lesson 3		My Happy Mind: Module 2 – Celebrate Y5 Lesson 3	LTTF +UKS2 Module 1 Unit 2 Session 2: Girls’ Bodies (60mins)
	Caritas in Action Theme 3: Solidarity and the Common Good		Caritas in Action Theme 3: Solidarity and the Common Good	
Week 14	My Happy Mind: Module 2 – Celebrate Y 3/4 Lesson 4		My Happy Mind: Module 2 – Celebrate Y5 Lesson 4	LTTF +UKS2 Module 1 Unit 2 Session 3: Boys’ Bodies (60mins)
Week 15	LTTF+ LKS2 Module 2 Unit 1 Story Sessions: Jesus My Friend (4 x 15mins sessions over 4 days)		My Happy Mind: Module 2 – Celebrate Y5 Lesson 5	LTTF +UKS2 Module 1 Unit 2 Session 4: Spots and Sleep (60m)

Spring Term

February Safer Internet Day 11.2.25

Early Years and Key Stage 1

	Nursery	Reception	KS1 : Year 1 & Year 2
Week 1	My Happy Mind: Module 3 – Appreciate N / R Lesson 1		My Happy Mind: Module 3 – Appreciate Y1 / Y2 Lesson 1
			LTTF+ KS1 Module 2 Unit 2 Session 1 Special People (30mins)
Week 2	My Happy Mind: Module 3 – Appreciate N / R Lesson 2		My Happy Mind: Module 3 – Appreciate Y1 / Y2 Lesson 2
			LTTF+ KS1 Module 2 Unit 2 Session 2 Treat Others Well... (35mins)
Week 3	My Happy Mind: Module 3 – Appreciate N / R Lesson 3		My Happy Mind: Module 3 – Appreciate Y1 / Y2 Lesson 3
			LTTF+ KS1 Module 2 Unit 2 Session 3 ...and Say Sorry (30mins)
Week 4	British Values Individual Liberty		British Values Individual Liberty
	My Happy Mind: Module 4 – Relate N / R Lesson 1		My Happy Mind: Module 4 – Relate Y1 / Y2 Lesson 1
Week 5	My Happy Mind: Module 4 – Relate N / R Lesson 2		My Happy Mind: Module 4 – Relate Y1 / Y2 Lesson 2
			LTTF+ KS1 Module 2 Unit 4 Session 1 Good and Bad Secrets (35mins)
Week 6	My Happy Mind: Module 4 – Relate N / R Lesson 3		LTTF+ KS1 Module 2 Unit 4 Session 2: Physical Contact (40mins)

	Safer Internet Day	Safer Internet Day
Week 7	LTTTF+ EYFS Module 2 Unit 1: Session 1 Role Model (2 x 15mins)	My Happy Mind: Module 4 – Relate Y1 / Y2 Lesson 3 LTTTF+ KS1 Module 2 Unit 4 Session 3: Harmful Substances (30mins)
Week 8	LTTTF+ EYFS Module 2 Unit 2: Session 1 Who’s Who? (20mins)	My Happy Mind: Module 4 – Relate Y1 / Y2 Lesson 4 LTTTF+ KS1 Module 2 Unit 4 Session 4: Can You Help Me? Pt1 (35m)
Week 9	Tolerance of those with different faiths and beliefs LTTTF+ EYFS Module 2 Unit 2: Session 2 You’ve Got a Friend in Me (20mins)	Tolerance of those with different faiths and beliefs LTTTF+ KS1 Module 2 Unit 4 Session 5: Can You Help Me? Pt2 (35m)
Week 10	LTTTF+ EYFS Module 2 Unit 2: Session 3 Forever Friends (20mins) Caritas in Action Theme 4: Rights and Responsibilities	Caritas in Action Theme 4: Rights and Responsibilities
Week 11	Caritas in Action Theme 5: Option for the Poor and Vulnerable (tie in to Lent and Ramadan)	Caritas in Action Theme 5: Option for the Poor and Vulnerable (tie in to Lent and Ramadan)

Key Stage 2

	Year 3	Year 4	Year 5	Year 6
Week 1	LTTTF+ LKS2 Module 2, Unit 2 Session 1: Family, Friends and Others ... (45mins)	LTTTF+ LKS2 Module 1 Unit 2 Session 1: We Don’t Have to be the Same (40mins)	LTTTF+ UKS2 Module 2 Unit 2 Session 1: Under Pressure (60mins)	LTTTF+ UKS2 Module 1 Unit 3 Session 1: Body Image (60mins)
Week 2	LTTTF+ LKS2 Module 2, Unit 2 Session 2: When Things Feel Bad (45mins)	LTTTF+ LKS2 Module 1 Unit 2 Session 2: Respecting our Bodies (40mins)	LTTTF+ UKS2 Module 2 Unit 2 Session 2: Do You Want a Piece of Cake? (60mins)	LTTTF+ UKS2 Module 1 Unit 3 Session 2: Peculiar Feelings (60mins)
Week 3	LTTTF+ LKS2 Module 2, Unit 3 Session 1: Sharing Online (35mins)	LTTTF+ LKS2 Module 1 Unit 2 Session 3: What is Puberty? (40 mins)	LTTTF+ UKS2 Module 2 Unit 2 Session 3: Self – Talk (60mins)	LTTTF+ UKS2 Module 1 Unit 3 Session 3: Emotional Changes (60mins)
Week 4	British Values Individual Liberty		British Values Individual Liberty	
	LTTTF+ LKS2 Module 2, Unit 3 Session 2: Chatting Online + Classroom Shorts (35mins)	LTTTF+ LKS2 Module 1 Unit 2 Session 4: Changing Bodies (40mins)	LTTTF+ UKS2 Module 2 Unit 3 Session 1: Sharing Isn’t Always Caring (60mins)	LTTTF+ UKS2 Module 1 Unit 3 Session 4: Seeing Stuff Online (60mins)
Week 5		LTTTF+ LKS2 Module 1 Unit 2 Session 5: Male / Female Discussion Groups optional (45mins)	LTTTF+ UKS2 Module 2 Unit 3 Session 2: Cyberbullying + Classroom Shorts (60mins)	LTTTF+ UKS2 Module 1 Unit 4 Session 1 Making Babies (Part 1) (60mins)
Week 6	LTTTF+ LKS2 Module 2, Unit 4 Session1 Safe in My Body + Classroom Shorts (45mins)		LTTTF+ UKS2 Module 2 Unit 4 Session 1: Types of Abuse + Classroom Shorts (60 – 90 mins)	LTTTF+ UKS2 Module 1 Unit 4 Session 2 Making Babies (Part 2) (60mins)

	Safer Internet Day	Safer Internet Day	
Week 7	LTF+ LKS2 Module 2, Unit 4 Session2: Drugs, Alcohol and Tobacco (45mins)	LTF+ UKS2 Module 2 Unit 4 Session 2: Impacted Lifestyles + Classroom Shorts (60mins)	LTF+ UKS2 Module 1 Unit 4 Session 3 Menstruation (60mins)
Week 8	LTF+ LKS2 Module 2, Unit 4 Session3: First Aid Heros (45mins)	LTF+ UKS2 Module 2 Unit 4 Session 3: Making Good Choices (60mins)	LTF+ UKS2 Module 1 Unit 4 Session 4 Hope Beyond Death (60mins)
Week 9	Tolerance of those with different faiths and beliefs	Tolerance of those with different faiths and beliefs	
	LTF+ LKS2 Module 2, Unit 4 Session4: Rights and Responsibilities + Classroom Shorts (40mins)	LTF+ UKS2 Module 2 Unit 4 Session 4: Giving Assistance (60mins)	LTF+ UKS2 Module 1 Unit 4 Session 5 Coping with Change+ Classroom Shorts (60mins)
Week 10	Caritas in Action Theme 4: Rights and Responsibilities	Caritas in Action Theme 4: Rights and Responsibilities	
Week 11	Caritas in Action Theme 5: Option for the Poor and Vulnerable (tie in to Lent and Ramadan)	Caritas in Action Theme 5: Option for the Poor and Vulnerable (tie in to Lent and Ramadan)	

Summer Term

Early Years and Key Stage 1

	Nursery	Reception	KS1 : Year 1 & Year 2
Week 1	British Values Mutual Respect		British Values Mutual Respect
	LTF+ EYFS Module 2 Unit 3 Session 1: What is the internet? (20mins)		LTF+ KS1 Module 3 Unit 1 Session 1: Three in One (25mins)
Week 2	LTF+ EYFS Module 2 Unit 3 Session 2: Playing Online (20mins)		LTF+ KS1 Module 3 Unit 1 Session 2: Who is My Neighbour? (30m)
Week 3	LTF+ EYFS Module 2 Unit 4 Session 1: Safe inside and Out (20mins)		LTF+ KS1 Module 3 Unit 2 Session 1: The Communities We Live In (35mins)
Week 4	LTF+ EYFS Module 2 Unit 4 Session 2: My Body, My Rules (20mins)		LTF+ KS1 Module 3 Unit 2 Session 2: Who Will I Be? + Classroom Shorts (30mins)
Week 5	LTF+ EYFS Module 2 Unit 4 Session 3: Feeling Poorly (20mins)		
Half Term			
Week 6	Caritas in Action Theme 7: Stewardship		Caritas in Action Theme 7: Stewardship
Week 7	LTF+ EYFS Module 2 Unit 4 Session 4: People Who Help Us (20mins)		My Happy Mind: Module 5 Engage – Y1 / Y2 Lesson 1
Week 8	My Happy Mind: Module 5 Engage – N / R Lesson 1		My Happy Mind: Module 5 Engage – Y1 / Y2 Lesson 2
	LTF+ EYFS Module 3 Unit 1 Session 1: God is Love (20mins)		
Week 9	My Happy Mind: Module 5 Engage – N / R Lesson 2		My Happy Mind: Module 5 Engage – Y1 / Y2 Lesson 3

	LTTTF+ EYFS Module 3 Unit 1 Session 2: Loving God, Loving Others (20)	
Week 10	My Happy Mind: Module 5 Engage – N / R Lesson 3	My Happy Mind: Module 5 Engage – Y1 / Y2 Lesson 4
Week 11	Caritas in Action Theme 6: Dignity of Work	Caritas in Action Theme 6: Dignity of Work

Key Stage 2

	Year 3	Year 4	Year 5	Year 6
Week 1	British Values Mutual Respect		British Values Mutual Respect	
	LTTTF+ LKS2 Module 3 Unit 1 Session 1: A Community of Love (40mins)		LTTTF+ UKS2 Module 3 Unit 1 Session 1: The Holy Trinity (60mins)	
Week 2	LTTTF+ LKS2 Module 3 Unit 1 Session 2: What is the Church (35mins)		LTTTF+ UKS2 Module 3 Unit 1 Session 2: Catholic Social Teaching (60m)	
Week 3	LTTTF+ LKS2 Module 3 Unit 2 Session 1: How Do I Love Others? (45m)		LTTTF+ UKS2 Module 3 Unit 2 Session 1: Reaching Out (60mins)	
Week 4	LTTTF+ LKS2 Module 3 Unit 2 Session 2: Working Together+ Classroom Shorts (40mins)		LTTTF+ UKS2 Module 3 Unit 2 Session 2: The World of work + Classroom shorts (60mins)	
Week 5	My Happy Mind: Module 3 Appreciate – Y 3 / 4 Lesson 1		My Happy Mind: Module 3 Appreciate – Y5 / Y6 Lesson 1	
	Half Term			
Week 6	Caritas in Action Theme 7: Stewardship		Caritas in Action Theme 7: Stewardship	
	My Happy Mind: Module 3 Appreciate – Y3 / Y4 Lesson 2		My Happy Mind: Module 3 Appreciate – Y5 / Y6 Lesson 2	
Week 7	My Happy Mind: Module 3 Appreciate – Y 3 / Y4 Lesson 3		My Happy Mind: Module 3 Appreciate – Y5 / Y6 Lesson 3	
Week 8	My Happy Mind: Module 3 Appreciate – Y 3 / Y4 Lesson 4		My Happy Mind: Module 3 Appreciate – Y5 / Y6 Lesson 4	
Week 9			My Happy Mind: Module 3 Appreciate – Y5 / Y6 Lesson 5	
Week 10	My Happy Mind: Module 5 Engage – Y5 / 6 4xlessons across the week		My Happy Mind: Module 5 Engage – Y5 / 6 4xlessons across the week	
Week 11	Caritas in Action Theme 6: Dignity of Work		Caritas in Action Theme 6: Dignity of Work	

To ensure is added/ already included:

HSBC UK Financial Education Sessions / Economic Wellbeing

Careers - What jobs are available (Kapow Economic wellbeing sessions Y6 L4)

Career Routes (Kapow Economic Wellbeing sessions Y6 L5)

Road Safety

Bikeability

Our Local Environment

Flat Stan First Aid or other means of accessing free first aid resources for children to practice emergency first aid

Basic Life Support (Kapow Y3/4 cycle A Emergencies and calling for help/bites and stings and y5/6 cycle B Bleeding)

KS1 Learning opportunities in 'Living in the Wider World' Pupils learn:	KS2 Learning opportunities in 'Living in the Wider World' Pupils learn:
Shared responsibilities	
<p>L1. about what rules are, why they are needed, and why different rules are needed for different situations</p> <p>L2. how people and other living things have different needs; about the responsibilities of caring for them</p> <p>L3. about things they can do to help look after their environment</p>	<p>L1. to recognise reasons for rules and laws; consequences of not adhering to rules and laws</p> <p>L2. to recognise there are human rights, that are there to protect everyone</p> <p>L3. about the relationship between rights and responsibilities</p> <p>L5. ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)</p>
Communities	
<p>L5. about the different roles and responsibilities people have in their community</p>	<p>L7. to value the different contributions that people and groups make to the community</p> <p>L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities</p> <p>L9. about stereotypes; how they can negatively influence behaviours and</p>

attitudes towards others; strategies for challenging stereotypes

L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced

Media literacy and digital resilience

L8. about the role of the internet in everyday life

L9. that not all information seen online is true

L12. how to assess the reliability of sources of information online; and how to make safe, reliable choices from search results

L13. about some of the different ways information and data is shared and used online, including for commercial purposes

L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information

L16. about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation

Economic wellbeing: Money

L10. what money is; forms that money comes in; that money comes from different sources

L11. that people make different choices about how to save and spend

L17. about the different ways to pay for things and the choices people have about this

L18. to recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes

<p>money</p> <p>L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want</p> <p>L13. that money needs to be looked after; different ways of doing this</p>	<p>something 'good value for money'</p> <p>L19. that people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity)</p> <p>L20. to recognise that people make spending decisions based on priorities, needs and wants</p> <p>L21. different ways to keep track of money</p> <p>L22. about risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe</p> <p>L23. about the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations</p> <p>L24. to identify the ways that money can impact on people's feelings and emotions</p>
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Economic wellbeing: Aspirations, work and career

<p>L15. that jobs help people to earn money to pay for things</p> <p>L16. different jobs that people they know or people who work in the community do</p> <p>L17. about some of the strengths and interests someone might need to do different jobs</p>	<p>L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes</p> <p>L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life</p> <p>L27. about stereotypes in the workplace and that a person's career</p>
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aspirations should not be limited by them

L28. about what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)

L29. that some jobs are paid more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid

L30. about some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation

L31. to identify the kind of job that they might like to do when they are older

L32. to recognise a variety of routes into careers (e.g. college, apprenticeship, university)