

St Joseph's Forest School – 12/02/2026

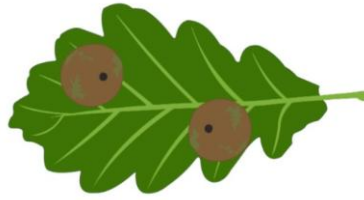
Beech & Cedar

The session began at the fire circle, where children revisited Forest School rules and boundaries. The children then discussed what love means to them and who they love at home, which inspired them to explore shapes that represent love.

Working together, the children collected sticks, grass and leaves to create a large love heart on the Forest School floor. They helped one another to carry larger sticks and carefully shaped the natural resources. Some children also used sticks as tools to draw love-inspired shapes in the mud.

The group gathered around their creation and shared who and what they love, creating a warm and reflective moment. The children then explored weaving, using ribbons and string to create both large and small heart shapes from sticks and twigs. This activity required patience and focus, and the children demonstrated excellent concentration and perseverance.

Some children independently revisited familiar activities such as birdwatching, filling bird feeders, and using the axe while carefully following safety rules. The session ended with a reflection on the children's creations and the awarding of the Golden Acorn.



Elm & Oak

Elm and Oak classes took part in an outdoor first aid session, linking Valentine's Day to caring for others. The children discussed independence, staying safe while playing outside, and the importance of knowing how to get help in an emergency.

The children learned about emergency phone numbers, including 999 and 112, and discussed when each might be needed. They explored a first aid kit and burns kit, identifying different items and their purposes.

Through role-play scenarios, the children practised responding to accidents such as falls or injuries. They learned how to check for danger, call for help, assess breathing and injuries, and place someone safely into the recovery position. Working in pairs, the children took turns supporting one another and carefully checking each step.

The children approached the activity with maturity and sensitivity, showing genuine care, compassion and teamwork. The session concluded with discussions about broken bones and shock, reinforcing how to look after others in difficult situations.

This Forest School session provided valuable life skills while celebrating kindness, care and love in a meaningful and practical way.