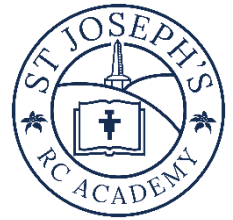


Physical Education Curriculum Intent



School Mission Statement

We come together as St. Joseph's family

To learn, share our faith and do our best to follow in the footsteps of Jesus.

Whole school Curriculum Intent

Our curriculum is inspired by the words of Oscar Romero, '*Aspire not to have more, but to be more*'. We aim to provide a Catholic Christian education, based on the life and teaching of Jesus Christ, in which the values of the Gospel underpin all aspects of school life. We will provide an environment in which the dignity of each person as a child of God is recognised and developed; and promote the full potential of each child through our curriculum which develops spiritual, academic, social and emotional growth.

In designing our curriculum, we have provided opportunities for our children which are underpinned by three curriculum drivers:

- Communication and Language
- Understanding of the World
- Independence in thought and action

We celebrate a 'knowledge-engaged' approach to learning, ensuring essential aspects of subject knowledge are learnt, alongside life-long learning skills to enable children to become resilient and independent learners for the future.

Subject Intent

At St Joseph's RC Academy, we recognise the value that a high-quality PE curriculum can offer to all our pupils.

All pupils are entitled to receive high-quality lessons that inspire them to succeed and excel in competitive sport and other physically demanding activities. As a school, we aim to inspire our pupils and develop the knowledge, skills, and capabilities necessary for mental, emotional, social and physical wellbeing in our children now and for their future. Physical fitness is an important part of leading a healthier lifestyle; it teaches self-discipline and that to be successful you must work hard, show resilience, and have the determination to believe that anything can be achieved. We aim to provide opportunities for pupils to be inspired by positive role models and become physically confident in a way, which supports their health and fitness. We want to provide opportunities to compete in sport and other activities that build character and help to embed the school games values.

Our PE curriculum, support by the REAL PE Scheme, aims to retain the natural energy and enthusiasm for activity that is seen in abundance in the Early Years by providing an engaging and challenging curriculum that allows all pupils to achieve beyond their expectations. We strive to offer excellent opportunities to develop a healthy life-long love of physical activity and to develop a first-class teaching and learning environment where both staff and students enjoy working hard together to achieve success. We aim to ensure that all pupils develop the fundamental skills and competence to excel in a diverse range of physical activities by providing a broad & balanced curriculum with opportunities for all. We encourage all our pupils to be active and engaged in our PE lessons to enable them to get the most out of their lessons and to inspire them to reach their potential.

It is our intent at St Joseph's to teach pupils life skills that will positively impact on their future. We aim to deliver high quality teaching and learning opportunities that inspire all children to succeed in physical activities. We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. We want all pupils to feel they belong as part of a team, believe in their healthy potential, and become as physically, socially and emotionally well as they can be. We do this by developing the attitudes, skills and knowledge required and provide memorable experiences throughout a child's journey within Physical Education as well as encouraging all pupils to take part in the extra-curricular sports on offer both within our school and our local community.

National Curriculum Aims for Physical Education

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives